



# Inspire, Challenge and Care



Friday 29th November

**Head Teacher's Message:** Thank you to all the Year Two parents who came to the DT Parent Event on Wednesday. I enjoyed spending time with you and seeing you use your Growth Mindset to try and follow the plans your children had made to create the cranes! They had the expert training from Technology Tom to build them and the expert skills from parents and staff to complete them so I look forward to seeing the finished models on display.

### Message Board

#### Staff on Yards

Reminder that staff are on the yard for a meet and greet on a morning and for parents who need to pass on a quick message. If you need to speak to a member of staff that may take a little longer please can you speak to them at home time when there is more time to talk or ring the office to make an appointment.

#### Christmas Events

St James Church is holding a Christingle service on Sunday 1st December at 4pm. All are welcome

Please see attached flyer regarding Christmas in Consett.

FOB Christmas Hamper. Tickets are attached. Please send tickets and money back to school before Thursday 19th December.

#### Christmas Fayre

Our Christmas Fayre will take place on Friday 20th December. More details to follow. We are collecting items that can be used for a tombola or a stall. If you would like to make a donation of items please bring into school asap. Thank you.

#### Burnopfield Pop-up Shop

The Victory Club in Burnopfield are holding a pop-up shop between 1-3pm on Saturday 30th November. On sale will be bath treats, Scentsy, Body Shop, homemade crafts, cards and baking. All are welcome.

#### School Holidays

Please find attached school holiday dates for 2020/21. Can we remind parents that no holidays will be authorised during term times. Thank you for your continued support.

#### Reception and Year 1 Nativity

This years nativity will be held on Tuesday 10th December at 10 am and 2pm. Year 1 parents are invited to the morning performance and the Reception parents to the afternoon performance. Your child will come home with 3 tickets for these performances. **Please can you return any unwanted tickets to school.** We are also holding an additional performance on Wednesday 11th December at 2pm for grandparents and childminders. There will be only 1 ticket allocated for this performance. Thank you

#### Year 2 Christmas Songs

On Tuesday 10th December Year 2 will be visiting The Pack Horse at 1.30pm to sing their Christmas songs as part of our community links within school. We will then return to school to sing the songs for parents at 3pm in the Infant hall. Children will require a Christmas Jumper for the event and these are to be brought into school for the children to change into. Thank You

#### Year 2 Visits and DT Event

Year 2 enjoyed a fun filled visit to the Louisa Centre on Tuesday to take part in the Sports Hall Athletics. The children thoroughly enjoyed it and their behaviour was outstanding.

On Wednesday we invited parents into school to help the children with their DT project Toys. Both adults and children really worked hard to make the children's plans come to life and the skills on show were fantastic. Again behaviour was outstanding and the children should be proud of what they have achieved. Well done Year 2!!

#### Public Health Information

Public Health England have updated their advice for schools and the Local Authority have asked us to share this information again with all parents. Please see attached letter.

#### Website

We have been informed by the Local Authority that the Contacts Us form on the website is not working. We apologise on their behalf if any messages have not been responded to as we have not received them. We asked for an explanation from the Local Authority. Their response is below:

The form is "Broken". Over half term the website service was transferred to a different server to make it faster. This involved a large number of configuration changes, and one area that needed extra attention was the web form. This was not immediately apparent and the completed forms were not handled correctly by the software. DCC have had a team of engineers solving the problem to "fix" the form. Secondly it seems that some combinations of web browser / filter result in the red warning message explaining that the form is not working is not being displayed. It is likely to be that it does not appear on some older browsers, or if the website has been cached on an earlier occasion.

If anyone does need to contact the school please email school directly on [burnopfield@durhamlearning.net](mailto:burnopfield@durhamlearning.net)

<p><b>RETURN TO SCHOOL WITH £1.00 by 9AM THURSDAY 19th DECEMBER 2019</b>            Friends of Burnopfield (School PTA)            Christmas Hamper Raffle            Promoter: Mr Paul Ensell, Burnopfield Primary School, Front Street, Burnopfield, NE16 6PT Registered with Durham County Council.  <b>Please complete the following:</b>            Your            Name: _____</p> <p>—            Child's name: _____</p> <p>Teacher: _____</p> <p><b>TO BE DRAWN THURSDAY 19th DECEMBER 2019</b>            Ticket price £1.00  <b>RETURN TO SCHOOL WITH £1.00 by 9AM THURSDAY 19th DECEMBER 2019</b></p>	<p><b>RETURN TO SCHOOL WITH £1.00 by 9AM THURSDAY 19th DECEMBER 2019</b>            Friends of Burnopfield (School PTA)            Christmas Hamper Raffle            Promoter: Mr Paul Ensell, Burnopfield Primary School, Front Street, Burnopfield, NE16 6PT Registered with Durham County Council.  <b>Please complete the following:</b>            Your            Name: _____</p> <p>—            Child's name: _____</p> <p>Teacher: _____</p> <p><b>TO BE DRAWN THURSDAY 19th DECEMBER 2019</b>            Ticket price £1.00  <b>RETURN TO SCHOOL WITH £1.00 by 9AM THURSDAY 19th DECEMBER 2019</b></p>
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Protecting and improving the nation's health

## FLU-LIKE ILLNESS AND DIARRHOEA / VOMITING IN SCHOOLS

### INFORMATION FOR PUPILS, PARENTS AND STAFF

#### General hygiene

The spread of most infectious illnesses is reduced through good hand hygiene. Please ensure that you and your child wash your hands frequently with warm water and soap, particularly after using the toilet, after using a tissue to catch a cough or sneeze, and before eating.

#### Influenza (flu)

Flu and flu-like viruses spread easily between people from coughs and sneezes. They can live on hands and surfaces for up to 24 hours. Symptoms of flu may develop quickly and can include:

- Sudden fever
- Dry, chesty cough
- Sore throat
- Aching body
- Headache
- Tiredness
- Diarrhoea or tummy pain
- Nausea

For most healthy people flu is an unpleasant but self-limiting illness. However, some people can be more at risk of developing severe illness or complications including the following groups:

- those aged 65 years or over
- pregnant women
- those with a long-term medical condition – for example, diabetes or a heart, lung, kidney or neurological disease
- those with a weakened immune system – for example, because of chemotherapy or HIV
- those resident in long term care facilities

**If you or your child are in an at-risk group AND develop symptoms of flu, please seek prompt medical assessment via NHS 111, by a GP or a nurse who will be able to provide further advice.**

If you or your child are in an at-risk group AND have not had the seasonal flu jab AND are concerned that you or your child have had contact with someone with flu, please seek prompt medical assessment via NHS 111, by a GP or nurse.

If you or your child are not in an at-risk group but develop flu like illness and are concerned about your symptoms, please consult NHS 111, your GP or nurse in the normal way.

Staff members and pupils should not attend school or other communal settings if they have symptoms of flu and should only return once they have recovered.

The flu vaccination is the best form of protection that we have against influenza (flu). There are several strains of flu and even if there has been illness at school, the vaccine may offer further protection against other strains of flu.

Please continue to engage in the school-based immunisation programme and to attend mop-up clinics if your child misses the scheduled sessions due to illness.

Toddlers aged two and three, children and adults who are in risk groups for flu (including those aged 65 years and over, pregnant women, people with long term medical conditions or weakened immune systems) should attend their GP or pharmacy for vaccination as soon as possible if they have not already been vaccinated.

For more information about any of the above and advice about treating flu please visit <https://www.nhs.uk/conditions/flu/>

#### Viral gastrointestinal illnesses

It is not uncommon for viruses which cause vomiting and diarrhoea to circulate among children (for example norovirus, also known as the 'winter vomiting bug'). If pupils or staff members develop vomiting or diarrhoea, it is important that they stay off school and away from other communal settings until 48 hours after they last had diarrhoea or vomiting. As always, please contact NHS 111 or your GP if you are concerned about your child's illness.

Further information, including advice on treatment, can be found at: <https://www.nhs.uk/conditions/diarrhoea-and-vomiting/>.

#### School closures

Public Health England does not routinely advise that schools close when pupils and staff are affected by diarrhoea / vomiting or flu-like illness, this is because the viruses that cause illness are circulating in the community, so children will continue to be exposed to them even if not at school.

However, schools may need to close for other reasons e.g. not enough staff to safely stay open, closing for a short time to allow a deep clean of the school buildings.

Any decision about school closure will be taken by school management and any enquiries should be addressed to the school.



# relax Kids\*

creating calm confident kids

## Street dance.

Street dance has now finished for the current group.

A new 10 week block will start after Christmas on the 13<sup>th</sup> January.

3.15 to 4.15 beginners class (recommended y1 -y3)

4.15 to 5.15 advanced class (recommend y4-6)

10 weeks at cost of £30.

Please fill in the reply slip and send back to school as soon as possible if you would like your child to attend.

### Street dance reply form.

Child's name: \_\_\_\_\_

Year group/ teacher: \_\_\_\_\_

Dear Parent/Carer,  
My name is Emma Jenkins and I'm a Relax Kids Coach. I work within your child's school each week and may have already worked with your own children.

Relax Kids is a programme which helps children to recognise, name and respond to their different emotions. It is proven that the more knowledge children have about their emotions, the better they can manage their 'big feelings', allowing them to improve their self-control.

We all hear lots about the importance of looking after our emotional well-being and I am planning on running a session in your child's school to give you some tips on how you can do this for yourself and for your children. The easy to use techniques I will show you could help you and your family to improve the way you respond to the ups and downs of everyday life.

Using the techniques regularly can develop self-confidence and self-esteem, help to manage moods and worries, improve concentration and communication skills and develop improved sleep routines.

During our parent/carer session you will have the opportunity to learn practical skills and take part in some hands-on activities. I hope you will leave feeling relaxed and with some ideas you can put in place at home for your family.

There will be limited spaces and the date of the session is to be confirmed. If you are interested in attending, please complete the tear-off slip and return it to school. School will then be in touch with the date and time of the session.

I look forward to meeting you soon.

Emma Jenkins

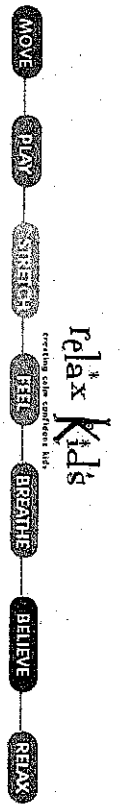
### Relax Kids Derwentside

#### Relax Kids Parent/Carer Session

I am interested in attending the Relax Kids Parent/Carer Session, date to be confirmed.

My name: .....

My child's name: .....



## SCHOOL HOLIDAYS 2020/21

Holiday	Closing Date	Date re-open for Teaching Purposes
Summer 2020	Friday 17 <sup>th</sup> July	Wed 2 <sup>nd</sup> September 2020
Autumn Half Term	Friday 23 <sup>rd</sup> October	Mon 2 <sup>nd</sup> November 2020
Christmas 2020	Friday 18 <sup>th</sup> December	Monday 4 <sup>th</sup> January 2021
Spring Half Term	Friday 12 <sup>th</sup> February	Monday 22 <sup>nd</sup> February 2021
Easter 2021	Friday 26 <sup>th</sup> March	Monday 12 <sup>th</sup> April 2021
May Day 2021	Friday 30 <sup>th</sup> April	Tuesday 4 <sup>th</sup> May 2021
Summer Half Term	Friday 28 <sup>th</sup> May	Monday 7 <sup>th</sup> June 2021
Summer 2021	Friday 16 <sup>th</sup> July 2021	

### Staff Training Days

Tuesday 1<sup>st</sup> September 2020  
Friday 4<sup>th</sup> December 2020  
Friday 25<sup>th</sup> June 2021  
Monday 19<sup>th</sup> July 2021  
Tuesday 20<sup>th</sup> July 2021