



Burnopfield Primary School
Physical Education Policy
'To inspire, challenge and care'



Teaching and Learning Drivers	Curriculum Drivers
Growth Mindset Respect Well-being	Inspirational People Adventure Aspiration

At Burnopfield Primary School, we are committed to ensuring that all children receive high quality PE lessons. We strive to improve the skills and attitudes of PE and sport to children of all abilities and ensure that different talents and achievements are celebrated. We recognise the importance of physical education to ensure children are inspired to lead healthy lifestyles and have a positive attitude towards sport and exercise. We are committed to providing a fun, challenging and inspiring curriculum which supports all pupils.

Where possible, children will receive 2 lessons of PE each week. In KS2 children receive swimming lessons. All children are given a chance to develop their skills across dance, gymnastics, games and outdoor and adventurous activities. Children will work with trained sports coaches and will also take part in a health and fitness week. Children and staff are encouraged to take part in the daily mile which can be completed on our school field or on our walking path. Children also have access to a range of sports after school clubs.

Intent	Implementation	Impact
Children will receive high quality PE lessons.	Children will receive high quality PE lessons from staff who have been upskilled and trained to deliver the sessions. Children will also be given the opportunity through their time at Burnopfield to work with a range of sports coaches across different areas. Children will receive two lessons of PE each week.	Children will learn a range of skills and be able to confidently use these skills in a range of different sporting areas.
Children will develop and apply a wide range of skills which can be applied in a wide range of contexts.	During lessons, staff will focus on skills and make the children aware of what they are working on. Children will work on their basic fundamental movement skills in EYFS and KS1 and these will be built on and developed as children move into KS2.	Children will be able to move confidently. They will have a good understanding of different sport and PE skills and will know how to use them effectively to improve their performance.
Children will develop positive attitude to PE and sport.	PE and sport will be delivered in a way where all children feel they can participate and succeed. Barriers to learning will be removed and staff will encourage and celebrate all abilities throughout sessions. Children will see that PE and sport can be enjoyable and achievable for all.	Children will leave school with a positive experience of PE that they will take with them to secondary school and beyond.
Children will have a good understanding of how to lead healthy lifestyles.	Children will understand the importance of warming up and cooling down and the effect it has on the body. Children will be able to recognise the effects of exercise on the body and the benefits of doing so. Staff will embed this throughout PE lessons and other areas of the curriculum. Children will cover healthy diet and will also learn the important link between healthy bodies and healthy minds.	Children will be fit and healthy and will be able to make sensible and well informed choices about how to keep themselves healthy, through diet and exercise.
Children will be challenged and take part in competitive sport.	Competition between classes/children will be encouraged. Children will have access to different sporting activities in a range of situations. Children will be encouraged to celebrate all levels of achievement. Staff will use the growth mindset language throughout lessons to encourage children to keep trying when they find something difficult.	Children will cope well with competition and will be able to celebrate their achievements and the achievements of others.

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